

Health and Wellbeing Board Meeting 5th July 2018

Item Title Suicide Prevention in Shropshire

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1. Summary

The Shropshire Suicide Prevention Action Group has agreed six operational work streams for delivery of the Suicide Prevention Strategy

- i. Communications and Media
- ii. Access to support, prevention and care
- iii. Self Harm
- iv. Using data and information
- v. Suicide Postvention
- vi. Training

A discreet “quick information” card is currently being developed and can be used for people in crisis or for those concerned about others to have an easy guide on who the most appropriate services may be to offer immediate support.

It is anticipated this will be launched at the forthcoming Shropshire and Telford & Wrekin Suicide Prevention Network meeting on Tuesday 11th September, at Shropshire Football Club. The purpose of the event will be to hear from people with lived experience of recovering from a suicide attempt, those bereaved by suicide and representatives from high risk groups to consider how we (as services/volunteers/communities) can identify the hidden populations at risk (who may not be in contact with formal services) and ensure they are reached and appropriately supported. This year’s Network meeting will also invite members of the public who have an active interest in suicide prevention as well as providers/VCOs.

Discussion are also being had on the production of a dedicated Shropshire Council page to relay information on who to contact in a crisis and the range of services locally who may be able to support. This may include the production of some short videos based on local people’s experiences and demonstrating the commitment we have to raise awareness and get people talking about suicide and self harm, to recognise risk and reduce stigma for seeking help.

2. Recommendations

The Board are asked to provide support for the above.

3. Risk Assessment and Opportunities Appraisal

Opportunity for having greater insight into how we can best ensure the ambitions within the Suicide Prevention Strategy and messages reach the people who could most benefit from them. Having a wider engagement and inviting at risk groups such as rural community reps/ex-military/LGBT/Men's groups etc should enable us to better target resources (such as the contact card).

4. Financial Implications

Cost of hosting event at the Football Club

Resource time in supporting suicide prevention and mental health crisis events held by partner agencies.

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)
Cabinet Member (Portfolio Holder) Cllr. Lee Chapman
Local Member
Appendices One - Mental Health Needs Assessment. Quick Notes Two – Planning for Suicide Prevention Event in Shropshire, Telford & Wrekin